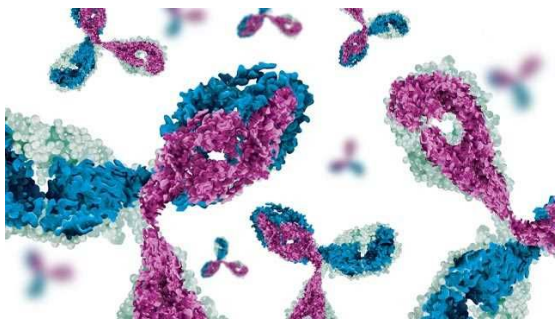


What is Immunization?

Immunization is a series of vaccines given to help your body develop antibodies to fight germs and help you stay healthy. These antibodies stay in your body so that when the germ comes again your body will already know how to fight it. Due to age and certain illnesses, multiple doses are sometimes needed to keep levels of immunity elevated. You don't need to get sick in order to develop immunity, get vaccinated!



Adult Immunization Schedule

Vaccine	Age	19-26 Years	27-49 Years	50-64 Years	65+ Years
Influenza (Flu)		Get a flu vaccine every year			
Tetanus, Diphtheria, Pertussis (Td/Tdap)		Get a Tdap vaccine once, then a Td booster vaccine every 10 years			
Varicella (Chickenpox)		2 doses			
HPV Vaccine for Women		3 doses	(No Recommendation)		
HPV Vaccine for Men (Gardasil)		3 doses	(No Recommendation)		
Zoster (Shingles)		(No Recommendation)		1 dose (60- 60+ years)	
Measles, Mumps, Rubella (MMR)		1 or 2 doses (Born after 1957)		(No Recommendation)	
Pneumococcal		(PCV13) 1 dose (PSSV23) 1 dose or 2 doses (65+ years) 1 dose			
Meningococcal		1 or more doses			
Hepatitis A		2 doses			
Hepatitis B		3 doses			

*If you are traveling outside the U.S., you may need additional vaccines. Ask your healthcare professional which vaccine you may need.

This e-chart is based on the recommendations of the Advisory Committee on Immunization Practice (ACIP)